

# TMJ/TMD

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: M F Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Dominant hand: R L

**SCHOOL INFORMATION:** Grade: \_\_\_\_\_ School: \_\_\_\_\_

**WORK INFORMATION:** Do you have a job: Y N If yes, job: \_\_\_\_\_

**SPORT INFORMATION:** Current sport(s) and/or activities: \_\_\_\_\_

Position(s) played/event(s): \_\_\_\_\_ How long have you been playing: \_\_\_\_\_

Team name(s): \_\_\_\_\_

**HISTORY OF INJURY:** How did your problem occur?: \_\_\_\_\_

Date of Onset: \_\_\_\_\_ Involved Side: R L Both Next Physician Follow-up: \_\_\_\_\_

Describe any previous problems with this area: \_\_\_\_\_

**MEDICAL INFORMATION:** Family Physician: \_\_\_\_\_

Referring Physician: \_\_\_\_\_ Diagnosis: \_\_\_\_\_

Medical Tests: X-Ray\_\_\_ CT Scan\_\_\_ Bone Scan\_\_\_ MRI\_\_\_ EMG\_\_\_ NCV\_\_\_ ImPACT\_\_\_  
Arthrogram\_\_\_ Ultrasound\_\_\_ Other: \_\_\_\_\_ Results: \_\_\_\_\_

Did you have surgery? Y N Date: \_\_\_/\_\_\_/\_\_\_

Did you use: Cast \_\_\_ Splint \_\_\_ Brace \_\_\_ Boot \_\_\_ Date Used: \_\_\_/\_\_\_/\_\_\_ - \_\_\_/\_\_\_/\_\_\_

Do you drink or smoke: Y N **Females:** Have you started menstruating? Y N Age of first period: \_\_\_

Have you ever been diagnosed with any of the following conditions?

- |   |                                     |   |  |
|---|-------------------------------------|---|--|
| <input type="checkbox"/> Y <input type="checkbox"/> N | Cancer (Type: _____)                | <input type="checkbox"/> Y <input type="checkbox"/> N | Juvenile Rheumatoid Arthritis            |
| <input type="checkbox"/> Y <input type="checkbox"/> N | Heart or Circulation Problems       | <input type="checkbox"/> Y <input type="checkbox"/> N | Other Arthritic Conditions               |
| <input type="checkbox"/> Y <input type="checkbox"/> N | High Blood Pressure                 | <input type="checkbox"/> Y <input type="checkbox"/> N | Mononucleosis                            |
| <input type="checkbox"/> Y <input type="checkbox"/> N | Depression/Anxiety/OCD (Circle)     | <input type="checkbox"/> Y <input type="checkbox"/> N | Ehler's Danlos/Hypermobility             |
| <input type="checkbox"/> Y <input type="checkbox"/> N | Asthma (Worse with: _____)          | <input type="checkbox"/> Y <input type="checkbox"/> N | Latex Allergy                            |
| <input type="checkbox"/> Y <input type="checkbox"/> N | Allergies                           | <input type="checkbox"/> Y <input type="checkbox"/> N | Anemia                                   |
| <input type="checkbox"/> Y <input type="checkbox"/> N | Disordered Eating                   | <input type="checkbox"/> Y <input type="checkbox"/> N | Osteoporosis/Osteopenia/Stress fractures |
| <input type="checkbox"/> Y <input type="checkbox"/> N | Urinary Leakage/Pelvic Floor Issues | <input type="checkbox"/> Y <input type="checkbox"/> N | Lyme disease                             |
| <input type="checkbox"/> Y <input type="checkbox"/> N | Thyroid Problems                    | <input type="checkbox"/> Y <input type="checkbox"/> N | Learning disability/ADHD                 |
| <input type="checkbox"/> Y <input type="checkbox"/> N | Diabetes (Type I/II)                | <input type="checkbox"/> Y <input type="checkbox"/> N | Concussion (#: _____)                    |

**Please turn over and complete the other side**



List any medications (including prescriptions, over-the-counter, herbals, vitamin/mineral/dietary supplements) you are currently taking:

Name of Med./Supplement	Dosage	Frequency of Use	Route of Administration
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____

**FUNCTION:**

Indicate any activities that you have difficulty completing (chewing, eating, talking, working, smiling, laughing, school work, sports, throwing, reaching, lifting, sleeping)

\_\_\_\_\_

What are your goals for Physical Therapy? \_\_\_\_\_

**PAIN: (select your pain level from the following number scale)**

Circle the amount of your pain at best- (No Pain) 0 1 2 3 4 5 6 7 8 9 10 (Unbearable Pain)  
 Circle the amount of your pain at worst- (No Pain) 0 1 2 3 4 5 6 7 8 9 10 (Unbearable Pain)  
 Amount of pain with rest \_\_\_\_\_ (No Pain) 0 1 2 3 4 5 6 7 8 9 10 (Unbearable Pain)  
 Amount of pain with activity \_\_\_\_\_ (No Pain) 0 1 2 3 4 5 6 7 8 9 10 (Unbearable Pain)

Is your pain: Constant \_\_\_\_\_ Intermittent \_\_\_\_\_  
 Since the onset of pain, is your pain: Improving \_\_\_\_\_ Worsening \_\_\_\_\_ Unchanged \_\_\_\_\_

Do you have: Ringing in the ears    Clicking    Locking    Grinding    Headaches    Popping

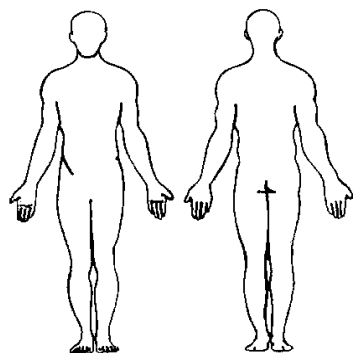
Activities that increase pain (please circle): chewing, eating hard foods, eating soft foods, sleeping, talking, smiling, laughing, exercising, drinking, social activities, recreational activities, self-care, stress, work, other: \_\_\_\_\_

Activities that increase pain: \_\_\_\_\_

Activities that decrease pain: \_\_\_\_\_

Please mark on the drawing and/or lists below the areas where you feel your pain:

- Head/neck: Y N
- Upper/mid back: Y N
- Low back: Y N
- Shoulders: Y N
- Elbows: Y N
- Wrists/hands: Y N
- Hips: Y N
- Knees: Y N
- Ankles/feet: Y N
- Other: Y N



Other Concerns/Questions: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

# Please tell us how you heard about us!

Please circle your response below (please circle all that apply):

Family physician/pediatrician

Specialist/orthopedist

Other medical provider (neurologist, rheumatologist, dentist, orthodontist, chiropractor, etc)

Athletic trainer

Coach

Massage therapist

Friend or family member

Flyer or other marketing material

Prior patient

Injury prevention program with your sports team

Other: \_\_\_\_\_

Please tell us the name of your referral source so we can thank them:

\_\_\_\_\_